**What ingredients do we have? Please remember all ingredients are given out in reasonable quantities.**

**Staples:**

Flour

Sugar (Granulated, brown, confectioners)

Baking Powder

Baking Soda

Salt

**Seasonings:**

Basil

Oregano

Garlic Powder

Curry Powder

Chili Powder

Red pepper flakes

Cinnamon

Cumin

Poppy seeds

Sesame seeds

And lots more…

**Fridges:**

Eggs

Margarine

Milk

Parmesan cheese

Cheddar cheese

Lemon juice

Jam

**Freezers:**

Frozen fruit

Yeast

Bread

**Storage area:**

Coconut flakes

Cocoa Powder

Chocolate chips

Raisins

Craisins

Vanilla

Coconut, almond, banana extract

Rice

Pasta

Tomato Sauce

Canned corn

Oils (vegetable, olive oil)

Vinegars (White, red wine, apple cider)

Soy sauce

Soup base and bouillon